Long Term Plan – Formal

Nurture – My Outdoor School

Points to note

- The first whole week back every Autumn Term has a People – All About Me focus
- The last week every Autumn Term has a Festival – Christmas focus
- The second to last full week in Summer Term 2 is Enrichment Week

The weeks detailed below exclude the above activities.

Year 1 – Years 5 & 6

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out	Seasonal awareness Playing games	Creativity	Seasonal awareness Playing games	Wilderness exploration	Seasonal Awareness Playing games

Year 2 – Years 5 & 6

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out	Seasonal awareness Playing games	Creativity	Seasonal awareness Playing games	Wilderness exploration	Seasonal awareness Playing games

Year 1 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out Environmental awareness	Orienteering	Environmental awareness	Creativity Playing games	Shelter building	Environmental awareness

Year 2 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out Environmental awareness	Orienteering	Environmental awareness	Creativity Playing games	Shelter building	Environmental awareness

Year 3 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out Environmental awareness	Orienteering	Environmental awareness	Creativity Playing games	Shelter building	Environmental awareness

Year 1 – KS4 and KS5

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Staring out Environmental awareness	Orienteering	Wilderness exploration	Making a fire Cooking outdoors	Creativity Playing games	Environmental awareness

Year 2 – KS4 and KS5

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Staring out Environmental awareness	Orienteering	Wilderness exploration	Making a fire Cooking outdoors	Creativity Playing games	Environmental awareness

Extension work

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