Long Term Plan – Semi-Formal

Nurture – My Outdoor School

Points to note

- The first whole week back every Autumn Term has a People – All About Me focus
- The last week every Autumn Term has a Festival – Christmas focus
- The second to last full week in Summer Term 2 is Enrichment Week

The weeks detailed below exclude the above activities.

Year 1 – Years 3 & 4

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out	Seasonal awareness Playing games	Seasonal awareness Playing games	Creativity	Seasonal awareness Playing games	Creativity

Year 2 – Years 3 & 4

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Starting out	Seasonal awareness Playing games	Seasonal awareness Playing games	Creativity	Seasonal awareness Playing games	Creativity

Year 1 – Years 5 & 6

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Seasonal awareness Playing games	Playing games	Seasonal awareness Creativity	Creativity	Seasonal awareness Environmental awareness	Environmental awareness

Year 2 – Years 5 & 6

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Seasonal awareness Orienteering (1)	Orienteering (1)	Seasonal awareness Environmental awareness	Environmental awareness	Seasonal awareness Creativity	Creativity

Year 1 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Seasonal awareness Orienteering (2)	Orienteering (2)	Seasonal awareness Shelter building	Shelter building	Seasonal awareness Wilderness explorers	Wilderness explorers

Year 2 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Seasonal awareness Wilderness explorers	Wilderness explorers	Seasonal awareness Orienteering (2)	Orienteering (2)	Seasonal awareness Shelter building	Shelter building

Year 3 – Years 7, 8 & 9

Autumn		Spring		Summer	
7 weeks	7 weeks	6 weeks	6 weeks	7 weeks	7 weeks
Seasonal awareness Shelter building	Shelter building	Seasonal awareness Wilderness explorers	Wilderness explorers	Seasonal awareness Orienteering (2)	Orienteering (2)

Extension work

- **Making a fire**
  - To approach an open fire and be comfortable with the experience.
  - To be aware of the dangers of an open fire and treat it with respect.
  - Gathering kindling.
  - Making a flame by creating a spark.
  - Making a fire.
  - To extinguish a fire and to know never to leave a fire blazing in the open without it being attended.
- **Cooking Outdoors**
  - To experience cooking on an open fire.
    - Marshmallows
    - Hot chocolate from dirty water
    - Bread
    - Calzone
    - Bannock bread
    - Baked banana
    - Baked potato
    - Baked apple