

Name \_\_\_\_\_




Week Commencing \_\_\_\_\_

**Life Skills**

| Activity   | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--------|---------|-----------|----------|--------|----------|--------|
| <b>Tidy up 5 toys</b><br>                 |        |         |           |          |        |          |        |
| <b>Pick up 3 books</b><br>                |        |         |           |          |        |          |        |
| <b>Help make a drink</b><br>              |        |         |           |          |        |          |        |
| <b>Help make a sandwich</b><br>           |        |         |           |          |        |          |        |
| <b>Set the dinner table</b><br>           |        |         |           |          |        |          |        |
| <b>Wash hands</b><br>                    |        |         |           |          |        |          |        |
| <b>Tidy up 4 pieces of clothing</b><br> |        |         |           |          |        |          |        |
| <b>Write a food diary</b><br>           |        |         |           |          |        |          |        |

Please put a code in the correct box. This will help us to see how much you can do independently. If you can, please take photos and email them to your teacher so they can see what you have been doing.

Key

|     |   |
|-----|---|
| 1 = | lots of help<br> |
| 2 = | little help<br>  |
| 3 = | no help<br>      |