

Long term plan PSHE/RSHE KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Continuous Provision	Cross curricular links
2022-2023	Families and people who care for me	Caring friendships	Relationships – respectful and online	Healthy Lifestyle Being and keeping healthy, physically and mentally 1. Healthy Eating 2. Taking care of physical health 3. Keeping well	Being safe	Changing body Changing and Growing How I and others are changing; new opportunities and responsibilities 1. Baby to adult 2. Changes at puberty 3. Dealing with touch 4. Different types of relationships	Self-help and care skills Independence Rights and Responsibilities ELSA work where appropriate Nurture principles Emotional Literacy Resilience Pro-active behaviour Management	English – Explore themes of love, identity, relationships and Emotions through poetry and story books. Science – Learn about plants, animals and human bodies. Naming the parts of the body, how they change, grow and develop. RE – Consider similarities and differences in relation to the marriage ceremony. Art and Design – Explore emotions through art and design. Music – Explore emotions through music

Grids for each section identify learning outcomes for each topic area in progressive stages, starting with the first stage, 'Encountering', through to the final stage, 'Enhancement'. Each column builds on the one before, assumes that the pupil has met the previous column's outcomes, and in some cases introduces new or additional learning in successive columns.

Encountering	Foundation	Core	Development	Enrichment	Enhancement
effective engagement in the learning process	underpinning learning	fundamental learning elements	increasing understanding of learning	deepening of application of learning	applying learning in different contexts

Opportunities are presented for learners (where appropriate/possible) to:

- Experience taking and sharing responsibility.
- Feel positive about themselves and others.
- Reflect on their perceptions and experiences.
- Develop the understanding, language, communication skills and strategies required to exercise personal autonomy wherever possible.
- Carry out or take part in daily personal living routines.
- Make real decisions (with support where necessary so that they can act upon them).
- Take part in group activities and make contributions.
- Develop and maintain positive relationships and interactions with others.
- Recognise and celebrate their achievements and successes.